



***Spear
Programme***

Looking for work?

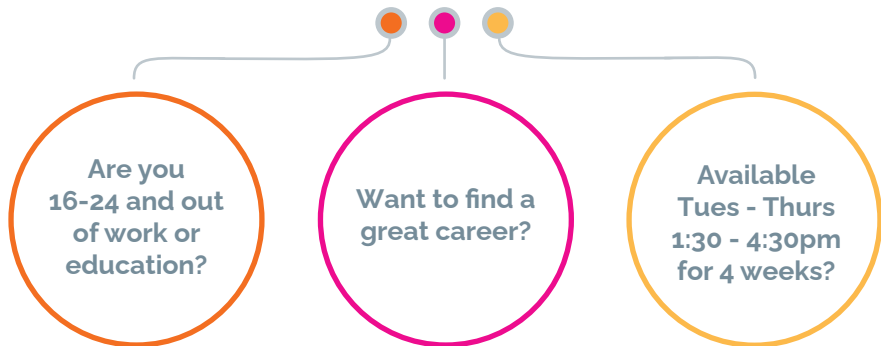
spear
gateshead



a resurgo
partner

Is it for me?

The Spear Programme is a free interactive course to help you overcome any challenges you face and get into work or education



We work with young people from all backgrounds facing barriers to employment.

What's in it for me?



Spear Foundation:

Four weeks of coaching within a fun and friendly community, designed to:

- get you into work or education
- improve your confidence
- help you develop an impressive CV
- provide interview training & practice
- offer job and training opportunities



Spear Career:

Six months of coaching to fast-track your career, including:

- 6 months of personalised support
- job application workshops
- access to exclusive job opportunities
- regular catch-ups with your Coach

The Spear Programme is an initiative of Resurgo Trust

Khadeejah's story

I got kicked out [of school] for being pregnant. ... I got into a really dark place. I went from one bad situation to another bad situation. I was in that victim mindset of 'my life is so rubbish', [but] when I'd done Spear, I was like 'no, it doesn't have to be like that.'

Once I'd finished Spear, I was like, I can do anything. And I did. I went back to school, I did my GCSEs, I got my degree. [Spear] was like the building blocks to my everything. **I'm not gonna be just another statistic, I want to be the change.** Now, I'm hopeful for the future and I'm looking forward to my career.



Khadeejah completed the Spear Programme more than 10 years ago, in 2014. She is now a registered mental health nurse. Watch her tell her story:



Programme start dates

Register online or text your local
centre for more info
(see over for details).



*Our programmes are delivered in person,
completely for free.*



Sign up

Spear Gateshead

*Alive Church, Hope House
Durham Road
Gateshead
NE8 4AR*

Call or text: 0191 340 4844

Online: www.joinspear.org



@resurgospearprogramme



or use
the QR
code

Spear Gateshead is delivered by Alive Church, St George's, registered charity 1178248.



What our trainees say...



“My attitude has changed. I am now ready for work. I’m no longer in the victim mentality; I’ve got the power mentality of I can do it, and I will do it.”

- Anika, Spear Bristol

“I’ve struggled with mental health basically my entire life. ... Spear has given me a new lease on life. I feel alive again for the first time in... I can’t remember the last time.”

- Julian, Spear Leeds

“Coming to Spear has shown me skills that were there, and brought out something within me that I didn’t know I had. It’s been one of the best decisions of my life.”

- Qasim, Spear Preston

Sign up form (or email hello@speargateshead.org)

First name

Surname

Date of birth

Phone number

Email address

Preferred
start date

1 Oct '24

12 Nov '24

21 Jan '25

Alive Church, St George's and Resurgo work in partnership to deliver the Spear Programme. All personal data is stored in line with Alive Church's privacy policy and may be shared with Resurgo in accordance with the partners collaboration agreement. By sharing your details, you are agreeing that you can be contacted by email and phone regarding the Spear Programme. Please contact us if at any point you no longer wish to hear from us.

The Spear Programme sign up form