

How to get in touch

You can contact the Keyworking service for more information on:

Email: keyworking@skillsforpeople.org.uk

Phone: 0191 281 8737

If you would like to work with a Keyworker ask your young person's lead professional to make a referral.

Skills for People
4 Glendale Terrace
Byker
Newcastle upon Tyne
NE6 1PB

Telephone: 0191 281 8737

Email: keyworking@skillsforpeople.org.uk

Website: www.skillsforpeople.org.uk

Facebook: [@skillsforpeople](https://www.facebook.com/skillsforpeople)

Twitter: [@skillsforpeople](https://twitter.com/skillsforpeople)

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You have been offered the support of a Keyworker

This leaflet will help you decide if you would like this support



How can we help

www.skillsforpeople.org.uk

What is a Keyworker?

Keyworkers support children and young people with a learning disability and/or autism and their families.

Keyworkers are there to help children and young people who may need further support because of their mental health needs.

North East & North Cumbria Keyworkers work for Skills for People, which is a local charity. They are not part of health, social care or education services.

It's your choice.

You can choose whether or not you have the support of a Keyworker.

If you decide to have a Keyworker you can change your mind at any time.

How can a key worker help you?

A keyworker's job is to support you and your young person to get the support you need. They will help you in a way which suits you. A keyworker can:

- Help you find out what services might be available
- Help you to have your say, and feel listened to at meetings
- Tell you about your rights

- Help you understand about the plans for your young person
- Help you work with health and social care staff to get the right kind of support in place
- Help agencies and professionals work together in the best interests of your young person by making sure that they communicate effectively with you and understand what you want.

If there is a chance that your young person may be admitted to hospital the keyworker will work with you and others to avoid this if possible. If your young person is already in hospital, your keyworker will work with you and other people to help them be safely discharged.

Keyworkers are there for you.

The Keyworker will spend time with you and your young person so that they understand your situation and what you want for the future.

The keyworker is there to support you and will always act in the best interests of your young person.

- They will **not** make decisions for you.
- They will support you to be heard and involved in decisions which affect you.