

A Graphic Explaining Autism to Children

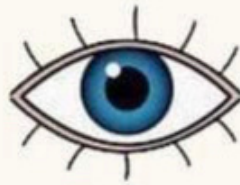


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Everyone is different to each other.
Sometimes these differences are
visible like...



Having
different hair
colour



Having
different eye
colour



Wearing
different
clothes



Using a
wheelchair



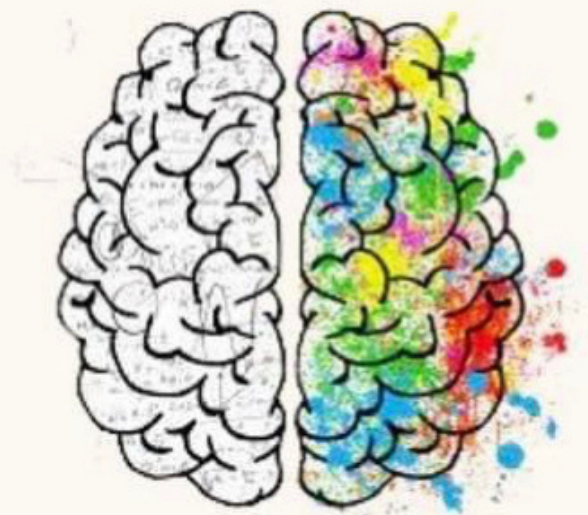
How tall we
are



How old we
are

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Sometimes people have differences which you can't see, like having a brain which is wired differently...



Sometimes this different wiring in the brain is known as autism

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It is thought that at least...

1 in **100**

people have this different wiring in their brain, known as being autistic. The chances are, you might already know someone who, is autistic. The next slides show how being autistic might impact someone...

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Autistic people might know lots about the topics we are interested in. We might like to share about these topics...



Autistic people may like routines and focus on the small details...



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Autistic people may become overwhelmed by things you might not notice, like...



Lights



Noises



smells

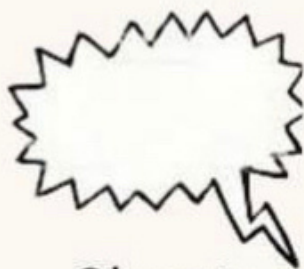


Touch or texture

Sometimes, when autistic people are overwhelmed we have meltdowns. These are not our fault. We might...



Cry



Shout

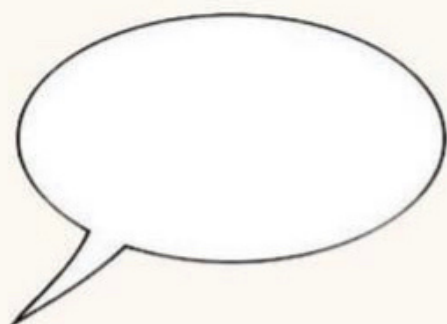


Struggle to communicate



Pace up and down

We might struggle to communicate with you, even if we really want to be friends



Sometimes we might move our bodies in order to help us cope and feel better. We might...



flap our hands



Jump up and down



Tap our feet

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And more...

How can you help autistic people?



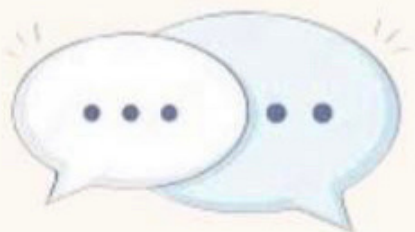
Invite us to sit with you at lunchtime.



Don't stare at us when we are struggling.



Stick up for us if other people aren't being very nice.



Chat to us about our interests.

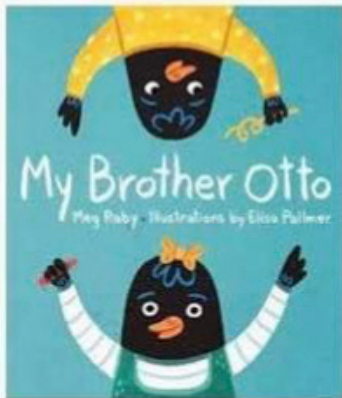


Help us find a trusted adult if we seem overwhelmed.

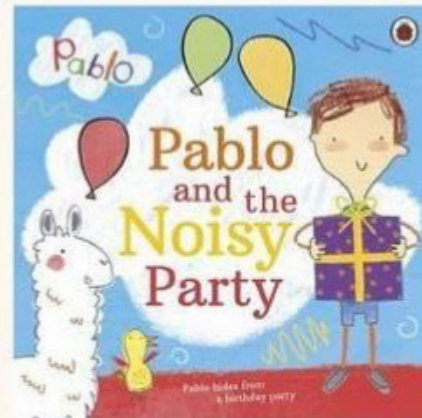


Allow us extra time to do things.

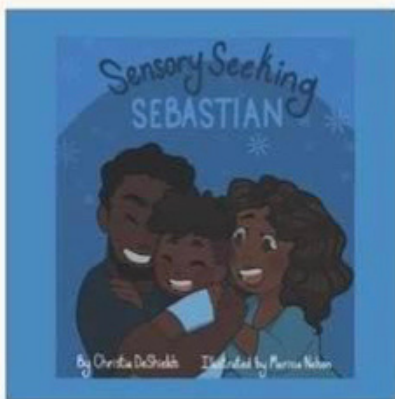
Childrens books on autism



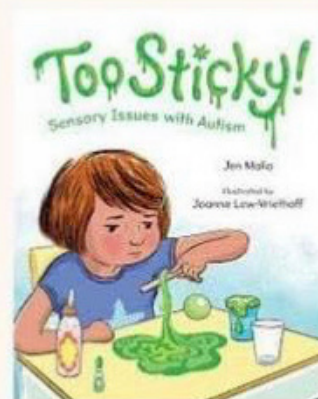
My
Brother
Otto



Pablo
and the
Noisy
Party



Sensory
Seeking
Sebastian



Too
Sticky

You can view these books and more on my amazon storefront, which is linked in my bio.

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