# Grove House Great place, great people, great times!

Quality short breaks for disabled children and young people in the North East of England

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#### Introduction to Grove House

Grove House provides an overnight short break service for children aged from eight to seventeen years of age who have physical and/or learning disabilities or autism. Grove House can look after up to six children/young people, at any one time, and provides short breaks for up to five nights per month.

At Grove House we believe that each child is unique. We therefore aim to meet the individual needs of each child/young person and help them to develop to their full potential. All children who come to stay with us will enjoy regular short breaks in a caring, fun, safe and stimulating environment where they are respected, consulted and given choice.

If you have any questions about Grove House that are not answered in this leaflet. you can look at our website or contact us using the details at the end of this leaflet.



#### What does Grove House offer?

We offer an exceptional level of care provided by highly trained and experienced staff. This was recognised by Ofsted who judged us as "outstanding across all areas". We are highly skilled at caring for children with a wide range of disabilities, including children with autism or complex health needs.

Ourservice is focussed on the individual needs of the child, so before children come to stay with us we get to know them and prepare them gradually. This involves developing their individual "About me" book so we can find out all their likes/dislikes and routines etc. Children are then helped to settle in by coming for a "Teatime visit" before moving onto an overnight stay. Because there are never more than six children staying with us there is always ample staff to help with the needs of all the children/young people.

Each child/young person will have a "key worker" who will ensure they receive the right support during their stay. This keyworker system provides reassurance to the families and carers who can then enjoy a break too. The keyworker system also ensures that care provided by the whole team is consistent and always meets the needs of the children and young people.

Our keyworkers ensure that the care plan is developed before their stay and this is followed throughout their stay. Care plans are documents which detail the child's needs, abilities, medical requirements and preferences and are developed with the children, their families/carers and health professionals to ensure that all needs are met during their stay.

### Where is Grove House?

#### Grove House is centrally located in the North East of England in Gateshead.

It is situated next to a beautiful park and is only three miles from the centre of Gateshead and five miles from the centre of Newcastle.

### Who can access the service?

The fantastic facilities at Grove House are available to disabled children and young people across the North East.

The service is available to children and young people aged from eight years old until they reach their eighteenth birthday who are assessed as "needing this service".



#### What is it like at Grove House?

Grove House is a large detached house set in its own grounds with lots of outdoor space for children to enjoy. As soon as you step inside Grove House you will be warmly welcomed by a member of our team.

#### **Facilities include:**

- with a "safe pod")
- Two modern bathrooms fully equipped to meet the needs of all children
- Shower room and separate toilet facilities
- Spacious communal lounge equipped with TV, games consoles, toys and books etc.
- Dining room
- Den (for children to "chill out", enjoy craft activities or learn new skills)
- relax in and explore.

Once inside, you will find that Grove House really is a "home from home". We offer a comfortable and homely environment with a wide range of specialist equipment to cater for the needs of all children who stay with us.

• Six individually designed bedrooms (three with specialist tracking and hoist equipment and one

• Large sensory room with specialist equipment including a ball pool, light and sound features to

# How much does the service cost?

The cost of an overnight stay will depend upon the needs of the child/young person. As a guide, an overnight stay can range from between £386 and £649.

Your child's social worker can go through the process with you and advise you about the arrangements and options to pay for the stay.





If you are a parent or carer, then speak to your child's social worker and ask them if you can be assessed for this service. You can also contact us directly or find out more on our website (see details on the back of this booklet).



# How do I find out more?

If you are a social work or health care professional and are interested in finding out more, visiting us or making a referral you can contact us using any of the details on the back of this leaflet.