

OUTCOMES

In January 2020 we began a journey to support 9 individuals into their own home. Unbeknown to us we were hit with Covid-19 and this had an effect on people moving into their home. We worked endlessly to support each person safely to transition from their previous placement into their home. This took us from January through to October 2020. We have been determined throughout to ensure that each person received the support they deserve. We have recruited staff specifically for the service and worked with other professionals to ensure we have all the training and information we need to support each person to live a fulfilled life. Below are just some of the outcome stories that we have captured along the way.



January 31st our Journey started. We started to support Lauren in her own flat. Lauren was the only person living in the flats as the others were still undergoing building work. We established a team for Lauren and Lauren enjoyed going to the discos, dog walking, out for meals and socialising. During covid these activities have been difficult to do. Lauren has started her own cooking, dog walking with a therapy dog called Barney and

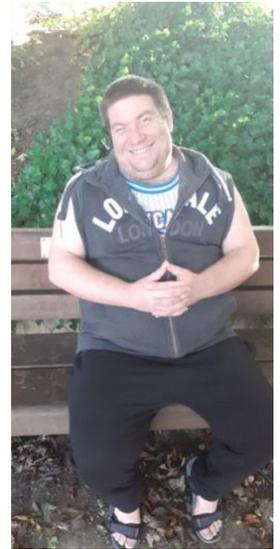


re furnished her flat. Lauren has also started going into shops without staff to give her some independence. Lauren wishes for the future to have less staff and to become even more independent. Lauren thinks this year has been difficult but she is 'happy with her support'. Lauren in the future would like to look at having a house with a garden so she could have a pet dog.





Moving forward to April we started supporting Adam. We supported Adam in a previous tenancy to move into his new tenancy. Adam has become more motivated and started cooking his own meals. He has been planning a weekly menu. He has been looking for a voluntary job and hopes that he will be able to find one next year. He loves going out walking to the local park and playing pranks on staff. Adam has built a good relationship with staff. Adam would like his goals for next year to become healthier and maybe attend a gym and have a job. Adam says 'he really likes his support staff and he can tell



them if anything is wrong'.



In July Elizabeth moved into her new flat. Elizabeth previously lived in a placement with 24 hour support. Elizabeth now receives between 4-5 hours support a day. Elizabeth has been travelling training with staff, going shopping independently, doing arts and crafts, jigsaws, household jobs, attending harvest and help and even booking the taxis by herself when she goes somewhere. Elizabeth has really thrived in this setting. Elizabeth is able to make her own meals and has become very independent. Elizabeth 'loves her home and thinks the staff are great'.





In July Chris moved into his flat from 24 hour support. Chris has 10 hours support a week to support with cooking, cleaning and housework. Chris is a keen drawer and has been keeping busy drawing and going to his favourite shops in the metro centre. Chris also goes to college twice a week. Chris has developed a great rapport with the staff and has become very independent. Chris was supported with weeks of travelling training to enable him to go to college independently. Chris 'likes his flat and living in the local area'. Chris says he is 'an artist' and loves showing staff his artwork.



In August Ben moved into his flat. He previously lived with his parents until this summer. Ben chose his flat and furnished it with his own new furniture. Ben has settled in really well and is now getting into a routine. Ben has enjoyed doing his own shopping, baking, drawing, playing games and even partaking in his housework! Ben is looking to plan his goals for the next year. He is hoping to be able to go on days out with the staff, go golfing and fishing and socialise with friends. Ben says 'his flat and staff are great'.





In September Tristan moved into his flat. Previously Tristan lived in a 24 hour supported service. He now receives 3 hours support a day from staff. Tristan has really improved with managing his money and becoming more independent. Tristan helped chose his furniture and is very proud of his flat. Tristan has been volunteering at the local charity shop and is hoping to get back to the gym. He goes out on daily walks for regular exercise and has improved his cooking skills with support from staff. Tristan would like to go on holiday next year and would like another voluntary job alongside the one he currently has. Tristan is very excited for his first Christmas in his new flat. Tristan said 'staff are caring and understanding' and he can see a good outcome for his future.



In October Callum moved into his new flat. This was callum's first time living alone and needed support to go shopping, manage finance's and to socialise in the community. Staff supported Callum to do this and Callum has become very confident within the community. Callum has recently started a job in a charity job as part of his college placement and has been going shopping. This is a huge achievement for Callum and he has settled in very well. callum said 'my flat is really great, its got everything I need. Staff are really good and really helpful'.

Jamie also moved into his flat in October. Jamie has moved from a 24 hour unit to his own flat with 3 hours support a day. Jamie has been improving his cooking and household skills. Jamie has been going out into the community to do his shopping with staff and independently. Jamie is very settled in his new flat and thinks it is 'smashing' and gets along really well with the staff.

Families have been really positive and have made lots of compliments towards the staff. One family member said 'they are very grateful for all the support they received during the transition period not just for the individual but for themselves also.

Another family member stated 'they are grateful we took the time to chose the right staff for their son and it is nice to see him settled'.

A social worker praised staff for their hard work with one individual in providing continuity and support and supporting the individual to settle into their new home.

Another social worker said Thank you and the team for all your continued work with the individual, it evident this is having a great impact on his recovery,

